



Autumn/Winter Menu

Breakfast

Continental (5-6 days)

Hot porridge, 5 cereals, toast (white, wholemeal, wholegrain) and crumpets, fruit salad, yoghurt, prunes

Cooked breakfast (1-2 days)

Eggs (scrambled or poached), sausages, bacon, baked beans, grilled tomatoes and mushrooms

Beverages

Choice of 4 juices, a variety of teas, coffee, milo and hot chocolate

Morning tea

Patisserie

Banana cake, cinnamon tea cake, caramel slice, marble cake, coconut raspberry slice, sugar cinnamon doughnuts, fruitcake, cheese and bacon muffin, butter cake with lemon frosting, chocolate chip muffin

Beverages

Choice of 4 juices, a variety of teas, coffee, milo and hot chocolate

Lunch

The choice of a hot meal, salad or sandwiches.

Hot Meals

Baked fish lemon and thyme crumb, steak and kidney casserole, chicken schnitzel, quiche Lorraine, silverside and mustard sauce, apricot chicken, pasta bolognese, ricotta spinach frittata, Shepherd's pie, egg and potato salad, roast lamb & mint jelly, spinach ricotta tortellini with Napoli sauce, chicken parmigiana, Dijon mustard meatballs with sweet potato mash and beans.

Salads

Egg and potato salad, mixed bean salad, ham or chicken or tuna salad, Greek salad, roast meat and salad, pasta salad

Desserts

Crème brulee, bread and butter pudding with custard, strawberry mousse, lemon cheesecake with whipped cream, chocolate cake and custard, fruit salad and yoghurt, peach melba, apple rhubarb and cream, golden syrup pudding and custard, lemon sponge and cream

Beverages

Choice of 4 juices, a variety of teas, coffee, milo and hot chocolate, selection of wines and beers



Afternoon Tea

Selection of fresh fruit, sandwiches, cakes or slice.

Examples include: butterscotch pudding and custard, fresh fruit and jelly, chocolate mousse, poached pear with caramel sauce, ham cheese onion muffin, shortbread, ginger cake, ham and cheese pin wheel

Beverages

Choice of 4 juices, a variety of teas, coffee, milo and hot chocolate

Three Course Dinner

Soup

Pumpkin, cream of tomato, barley and vegetable, beef or chicken and vegetable, cream of mushroom, scotch broth, pea and ham, French onion, vegetable

The choice of a hot meal or salad or sandwiches.

Hot Meals

Pickled pork with white parsley béchamel, seasoned roast chicken, roast pork with apple sauce, lambs fry and bacon, chicken capsicum and mushroom casserole, sweet potato fritter topped with salsa, meatloaf wellington, asparagus and mushroom vol au vent, curried sausages with mash potato and beans, honey soy chicken fillet with savoury rice and mixed bean, chicken schnitzel with scallop potato and coleslaw

Desserts

Strawberry mousse, fruit salad and yoghurt, stewed apples and custard, crème brulee, profiteroles, golden syrup pudding and custard, bread and butter pudding, chocolate cake with custard, ginger pudding and custard

Beverages

Choice of 4 juices, a variety of teas, coffee, milo and hot chocolate, selection of wines and beers

Snacks

Fresh fruit and snacks are available at all times.