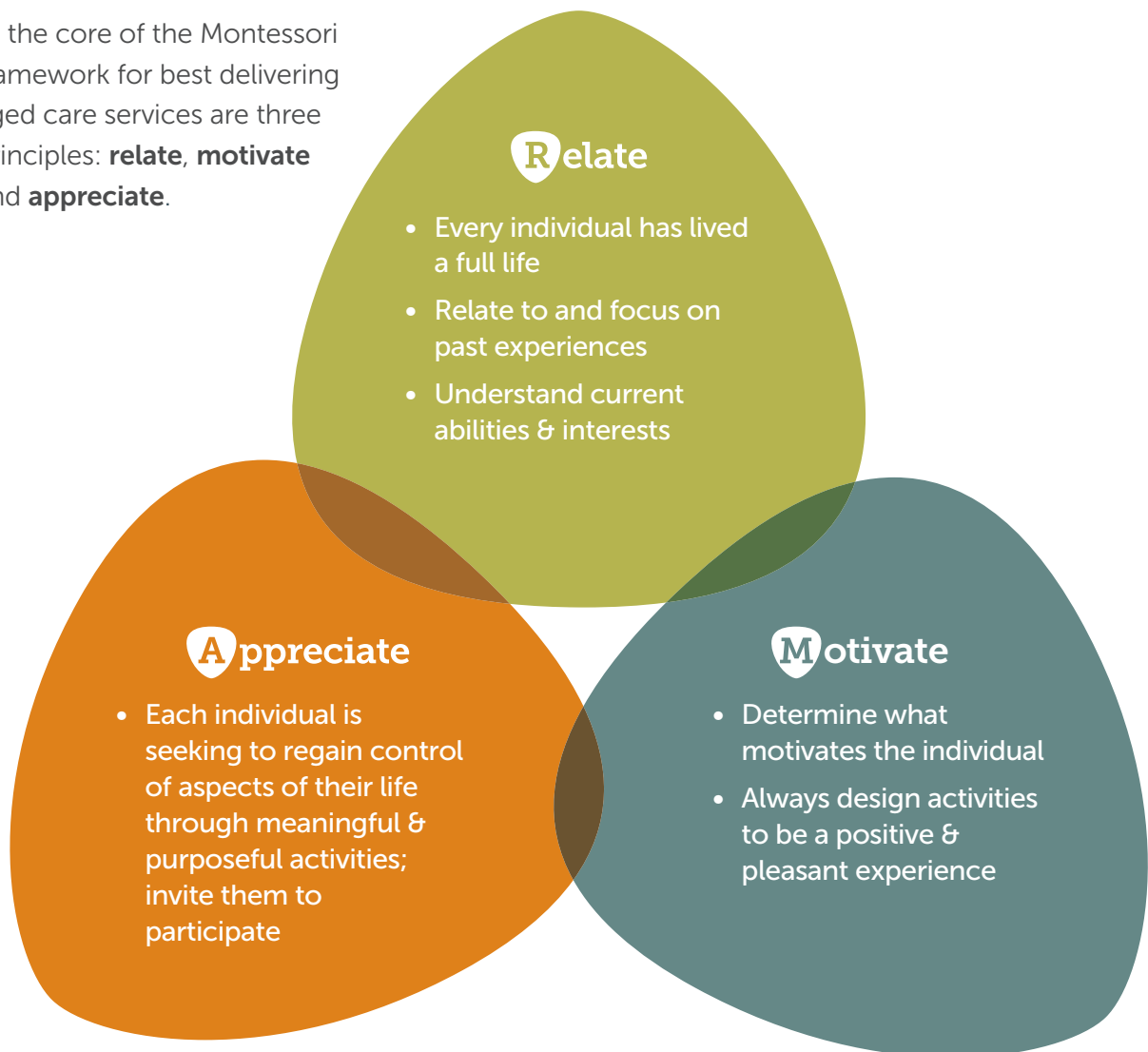


# Montessori, enhancing wellness and *quality of life* for our residents living with dementia

CraigCare applies the Montessori framework for achieving independence, high self-esteem and a positive future for people living with dementia.

At the core of the Montessori framework for best delivering aged care services are three principles: **relate**, **motivate** and **appreciate**.



**CraigCare applies the Montessori framework by focusing on supporting both the individual and the environment - including meaningful activities, roles and environmental cueing - to circumvent the negative impact of dementia.**

**This means our residents living with dementia:**

- are treated with respect and dignity,
- maintain a level of autonomy,
- have an active and meaningful role in our community,
- and contribute to the best of their abilities.

The Montessori approach is flexible, innovative, grounded in research and in alignment with both Dementia Australia's national approach and CraigCare's core values of respect, kindness, individuality, joy, relationships and communities.

It's about understanding  
*individual needs*  
and focusing on living life

*To find out more or to book a private consultation please contact us on:*

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